2009 Health at Work

Building a Healthier Workplace

Conference Registration Form Registration Fee: \$30 per person Registration Deadline: April 20, 2009

Name		
Employer		
Address		
City	State	ZIP Code
Work Phone	Social Se	ecurity Number
E-mail Address		
☐ Yes, I would like a veget	tarian lun	ch.
Please check the box that mos Prevention Partn Benefits Adminis Agency Adminis Principal Superintendent Local Subdivisio Health Educator	ners Coordii strator trator n Administ	nator

Please make checks payable to the Employee Insurance Program. Please do not send cash. Detach this form and mail to:

> Prevention Partners 1201 Main Street, Suite 350 Columbia. SC 29201

No refunds are given for cancellations received after April 20, 2009.

If you have a disability that requires special materials, services or assistance, please contact our office at 888-260-9430, so we may arrange for appropriate accommodations.

nsurance Program lina Budget & Control Board

Building a Healthier Workplace

May 14, 2009

Ndoki Lodge at Riverbanks Zoo and Garden Columbia, South Carolina

Enter the zoo at the main entrance off Greystone Boulevard, on the Richland County side. Use Ndoki Gateway 6.

For

Benefits Administrators Prevention Partners Coordinators **Agency Administrators** County Office Administrators Health Educators **Principals** Superintendents Health Promotion Specialists

Sponsored by
South Carolina Budget and Control Board Employee Insurance Program

PREVENTION PARTNERS

on't miss the 2009 Health at Work conference! This year's conference will be fun and informative. It will be held at Riverbanks Zoo and Garden in Columbia, South Carolina, on Thursday, May 14, 2009, from 9 a.m. to 2:45 p.m.

Speakers include:

Natalie Britt
Palmetto Conservation Foundation

Ramsey Makhuli, M.P.H. Prevention Partners

* Robert Mallin, M.D.

Board-Certified Family Physician Professor in the MUSC College of Medicine

Georges T. Postic, M.D.

Board-Certified Internist and Gastroenterologist Columbia Gastroenterology Associates

❖ Lissa Shine, R.N.

Director of Medical Management State Health Plan

Hugh Weathers

Commissioner South Carolina Department of Agriculture

Rebecca Gilliam Wren, L.D., R.D.

South Carolina Department of Health and Environmental Control

The registration fee is \$30, which includes all conference materials, free admission to Riverbanks Zoo and Garden and lunch. A vegetarian lunch is also available. (Please see the registration form.)

Dress casually and wear comfortable shoes for walking on the Woodlands Trail at the zoo.

We look forward to seeing you there!

Agenda

Thursday, May 14, 2009

9 a.m 9:30 a.m.	Registration/Continental Breakfast
9:30 a.m 10 a.m.	Healthy Agriculture Initiatives Hugh Weathers
10 a.m 10:30 a.m.	Healthy Ways to Enjoy the Outdoors for Everyone Natalie Britt
10:30 a.m 11 a.m.	How to Use Healthcare Dollars Wisely Lissa Shine, R.N.
11 a.m 11:15 a.m.	Break
11:15 a.m 11:45 a.m.	Lowering Your Risk of Colon Cancer Georges T. Postic, M.D.
Noon - 1 p.m.	Lunch
1:15 p.m 1:45 p.m.	Smoking Cessation — How to Help a Loved One Quit Robert Mallin, M.D.
1:45 p.m 2:15 p.m.	Fitness Ramsey Makhuli, M.P.H.
2:15 p.m 2:45 p.m.	Frugal Shopping — Better Nutrition Rebecca Gilliam Wren, L.D., R.D.
	Rebecca diliani wien, L.D., K.D.

2:45 p.m.

Prize Drawing and Evaluations

These hotels are near the conference. Please contact the hotel for room reservations and any other information.

Embassy Suites Hotel

200 Stoneridge Drive 803-252-8700

Courtyard by Marriott

347 Zimalcrest Drive 803-731-2300

Hampton Inn

822 Gervais Street 803-231-2000

Marriott Residence Inn

150 Stoneridge Drive 803-779-7000

Radisson Hotel

2100 Bush River Road 803-731-0300

Hilton Columbia Center

924 Senate Street 803-744-7800



Hugh WeathersCommissioner
South Carolina Department of Agriculture

South Carolina Budget and Control Board Employee Insurance Program Prevention Partners 1201 Main Street, Suite 350 Columbia, South Carolina 29201 888-260-9430